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India's miracle weight loss pill

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India's miracle weight loss pill



Green coffee bean is fast becoming a popular weight loss treatment as people do not have to do anything different while taking this food supplement. They don't need to exercise or diet.

The key component in a green coffee bean is Chlorogenic Acid. It is a very important natural active compound. It works by inhibiting the release of glucose (sugar) into the bloodstream, while at the same time boosting metabolism or the burning of fat in the liver. These two mechanisms combined, work together to inhibit the absorption of fat and cause rapid weight loss.

When you roast coffee beans, you remove chlorogenic acid. Green coffee beans are unroasted, have little aroma and are extremely bitter - because they contain over 50 percent chlorogenic acid.

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