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Happiest Health appoints Bharati Jajoo to lead Happiest BodyDynamics

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Backed by over 35 years of clinical leadership



Bengaluru-based Happiest Health has announced a landmark strategic move with the appointment of Bharati Jajoo as Medical Director, BodyDynamics, a unit of Happiest Health.

Backed by over 35 years of clinical leadership, Bharati brings her established practice and deep expertise in occupational therapy into the Happiest Health ecosystem. The BodyDynamics unit offers integrated rehabilitation through Ergonomics, Physiotherapy and Yoga. This strategic integration supports Happiest Health’s mission to embrace wellness by expanding its care continuum beyond standard wellness into a science-backed bridge between clinical rehabilitation and high-performance workplace health.

Bharati’s appointment represents the fusion of clinical riguor with corporate scale. High-performance Occupational Ergonomics solutions have been designed to convert employee health into a tangible business asset, delivering standardised, measurable outcomes across multi-location teams. Bharati's vision is to build a proactive continuum that bridges prevention, intervention, and transformations so individuals and organisations can thrive.