

Term Insurance vs Life Insurance – Key Difference Explained

24 March 2025 | Reports/white papers

Life Insurance has become an essential financial tool for individuals seeking to secure their family's future



Among the various types of insurance available, Term Insurance vs Life Insurance is a standard comparison that often confuses buyers. Both policies provide financial security, but they cater to different needs. Understanding the difference between Term Insurance and Life Insurance can help you make an informed decision.

What is Term Insurance?

Term Insurance is the simplest form of Life Insurance, providing coverage for a specific period. It is designed to offer financial protection to the policyholder's family in case of an unfortunate event. Unlike other Life Insurance plans, [Term Insurance](#) does not offer maturity benefits. The policyholder pays regular premiums, and if they pass away within the policy term, their nominee receives the sum assured.

Types of Term Insurance Plans

There are primarily five types of term insurance plans available:

1. Level Term Insurance Plan – The premium remains the same throughout the policy duration.
2. Increasing Term Insurance Plan – Coverage increases as you age to meet rising financial needs.
3. Decreasing Term Insurance Plan – Coverage decreases over time and is often suited for covering liabilities like loans.
4. Convertible Term Insurance Plan – Allows policyholders to convert their term plan into a Life Insurance policy.
5. Term Insurance Plans with Riders provide additional benefits, such as critical illness coverage and accidental death coverage.

What is Life Insurance?

Unlike Term Insurance, Life Insurance provides financial protection and is a savings instrument. A portion of the premium provides death benefits, while the other part is saved or invested to generate returns. Life Insurance policies generally

offer maturity benefits, making them an excellent choice for individuals seeking financial growth and security.

Types of Life Insurance Plans

There are primarily six [types of life insurance](#) plans available:

1. Whole Life Insurance Plan – Coverage extends throughout the policyholder's lifetime.
2. Endowment Assurance Plan – Offers maturity benefits if the policyholder survives the policy term.
3. Money-Back Plan – Provides periodic payouts instead of a lump sum at maturity.
4. Child Plan – Designed to secure the child's financial future.
5. Unit-Linked Insurance Plan (ULIP) – A combination of Life Insurance and investment.
6. Pension Plan – Provides a steady income post-retirement.

Key Differences: Term Insurance vs Life Insurance

Features	Term Insurance Plan	Life Insurance Plan
Coverage	Provides only death benefits to the nominee	Offers both death and maturity benefits
Maturity Benefits	No maturity benefits	Provides savings and investment benefits
Term Period	10 to 35 years	5 to 30 years (whole life plans available)
Flexibility	Allows riders for additional coverage	Offers loans, partial withdrawals, and riders
Policy Surrender	Policy lapses if premiums are not paid	Early withdrawals may lead to deductions

Which One Should You Choose?

When to Choose Term Insurance?

- If you need a pure Life Insurance plan without investment benefits.
- If you want higher coverage at affordable premiums.
- If you are looking for financial protection for your family in case of your untimely demise.

When to Choose Life Insurance?

- If you want a combination of life cover and savings.
- If you need financial security for your dependents along with wealth creation.
- If you are planning for long-term financial goals such as child education, retirement, etc.

Buying Insurance Online

Today, purchasing Term Insurance vs Life Insurance online has become more convenient. Various insurers offer online policy comparisons, making selecting the best plan suited to your needs easier. Before finalising a policy, compare coverage, benefits, and premium costs to make an informed decision.

Conclusion

Understanding what is the difference between Term Insurance and Life Insurance is essential before purchasing a policy. While Term Insurance provides pure protection at an affordable cost, Life Insurance offers security and investment benefits. The choice depends on your financial goals and coverage needs. Ensure you analyse different policies, assess your requirements, and select the best insurance plan for your financial well-being.

****Tax benefits are subject to change in prevalent tax laws.**

Disclaimer: *Insurance is the subject matter of solicitation. For more details on benefits, exclusions, limitations, terms, and conditions, please read the sales brochure/policy wording carefully before concluding a sale.*