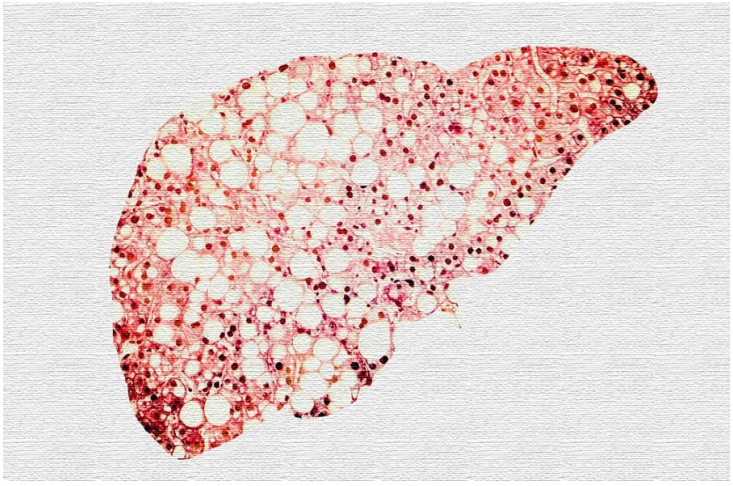
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Health Ministry releases revised operational guidelines for Non-Alcoholic Fatty Liver disease

27 September 2024 | News

India has taken the lead in recognising NAFLD as a major Non-Communicable Disease: Union Health Secretary



The Union Health Ministry has released the revised Operational Guidelines and Training Module of Non-Alcoholic Fatty Liver Disease (NAFLD). These documents are designed to improve patient care and outcomes related to NAFLD through informed, evidence-based practices.

Apurva Chandra, Union Health Secretary said “India has taken the lead in recognising NAFLD as a major non-communicable disease (NCD). NAFLD is rapidly emerging as a major public health concern, closely linked with metabolic disorders such as obesity, diabetes and cardiovascular diseases. Out of 10, one to three people can have NAFLD which highlights the impact of the disease.”

Punya Salila Srivastava, Officer on Special Duty, Union Health Ministry said “these guidelines need to reach the grassroot level workers so that the disease is detected early and the burden of NAFLD is reduced. Tthe release of training module is a significant addition to India’s efforts to build capacities amongst healthcare professionals to tackle the rising burden of NCDs in India."

The guidelines focus on health promotion and early detection which are important for ensuring that patients with NAFLD receive timely and appropriate care. It also advocates for a multidisciplinary approach, integrating the efforts of healthcare providers from various discipline to offer a holistic care to individual affected by NAFLD.