

## Sleep apnea-focused startup Dormir Bien to initiate sleep wellness business in India

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**Products combine advanced technology with a user-friendly design, catering to diverse sleep needs.**



Recognising the vital role sleep plays in physical and mental well-being, Dormir Bien is set to revolutionise sleep health for millions across India. With a focus on creating innovative and user-friendly solutions, Dormir Bien is introducing its flagship products designed to diagnose and alleviate common sleep disorders, including obstructive sleep apnea (OSA) and snoring.

As sleep disorders, particularly snoring and sleep apnea, impact millions of Indians, the company is committed to offering reliable, clinically tested solutions that revolutionise sleep health and enhance overall well-being. Dormir Bien's products are manufactured internationally through a partnership with Good Sleep Co., a Singapore-Australia-based company. The products are TGA and FDA-approved.

Each product combines advanced technology with a user-friendly design, catering to diverse sleep needs.

Fastnap Sleep Band is a portable, non-invasive home sleep test that diagnoses sleep apnea and monitors sleep quality. With a wearable design, it eliminates nasal tubes and body straps, offering painless multi-night testing. The device integrates with the Fastnap Sleep app, providing clinically verified, AI-driven reports comparable to traditional sleep studies, without technicians or hospital visits.

Snoreka Custom is a personalised, adjustable mandibular advancement device (MAD) designed to reduce snoring and manage mild to moderate obstructive sleep apnea (OSA).

Snoreka is available in two sizes—regular and mini—and is meant for those who do not want to invest in a custom-made device right away. It is a 'boil and bite' version of Snoreka Custom and can easily be customised for the patient's comfort at home. Like Snoreka Custom, it is lightweight and travel-friendly, but it is more economical.