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Dr Vipul Rastogi joins Sukoon Health as Clinical Regional Head of Delhi-NCR

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Dr Rastogi brings over 23 years of distinguished experience in psychiatry to his new role



Gurugram-based startup Sukoon Health, a mental health hospital chain, offering residential and outpatient psychiatry, psychology, and de-addiction services, has onboarded Dr Vipul Rastogi as the clinical regional head of Delhi-NCR.

At Sukoon Health, Dr Rastogi will spearhead a team of skilled professionals, leading them to deliver empathetic and evidence-based treatment to patients in the region.

Dr Rastogi brings over 23 years of distinguished experience in psychiatry to his new role. Trained in the UK and practicing in India for the past decade, he is one of the few dual-trained specialists in psychiatry and neurology.

His expertise and dedication have consistently placed him among the top 10 psychiatrists in India. Trained in the Recovery Model in the UK, Dr Rastogi has expertise in treating severe mental health disorders including deaddiction, acute psychosis, severe anxiety and depression and is proficient in the safe retrieval of psychiatric emergency cases.

He has worked as a consultant neuropsychiatrist at Medanta – The Medicity Hospital in Gurug. His clinical expertise includes managing complex neuropsychiatric conditions, liaising with multidisciplinary teams, and working with various medical specialities to provide comprehensive mental health care. He is also a TEDx speaker and has done numerous presentations and facilitated training on mental health disorders.