



## **Strand Life Sciences unveils new line of genomic-based tests for preventive wellness**

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### **Strand's new offering will help people better understand and manage diseases through genomic sequencing**

Strand Life Sciences, a genomics-based research and diagnostics company, has launched 'Strand Genomic Wellness', a new line of genomic-based tests for preventive wellness. Launched at Bengaluru Tech Summit- held from 16th to 18th November, this new offering from Strand can help individuals understand and manage their disease better.

As the first offering of the programme, Strand has introduced the 'Genomic Health Insight' report to help individuals understand how their personal genomic variations might influence their risk for a broad range of diseases with 30-100% heritability. This knowledge can help individuals work with their doctors to manage their risk with proactive wellness measures.

Strand's new Genomic Health Insight screening offers benefits such as understanding the risk of developing certain inherited diseases that manifest later in life; help identify risks to progeny; help individuals work with their clinicians to make lifestyle changes and adopt necessary preventive measures to lower their risk and that of their progeny; and provides a catalogue of genomic variants in ~20,000 genes for life and access to new research findings on these variations, as and when they arise.

As a part of the new launch, and in order for families to understand their risks more comprehensively, Strand will also be offering a limited number of free Genomic Health Insight reports for parents of any adult choosing to get one for themselves.