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Centre for Metabolic & Endocrine Disorders opens in Pune

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Past three decades witnessed a 150 per cent increase in the number of people with diabetes in the country: Dr Jitendra Singh



Union Minister for Science and Technology, Dr Jitendra Singh recently inaugurated the Centre for Metabolic & Endocrine Disorders at Symbiosis University Hospital & Research Centre in Pune.

Dr Jitendra Singh, who is also a renowned Diabetologist and the Life Patron of the coveted RSSDI (Research Society for Study of Diabetes in India) described the new centre as a timely and much needed one in view of the increasing incidences of lifestyle diseases and metabolic disorders. The centre would focus on preventive screening of the most common disease – diabetes.

The Symbiosis Centre for Metabolic & Endocrine Disorders is equipped with body composition machine, skinfold thickness measurement caliper, biothesiometer for early detection of neuropathy, handheld vascular doppler, podiascan etc., while the nutritionist and nurse diabetic educator will be available to counsel the patient and their relatives for ensuring right kind of diet and its significance. The main focus at the centre is to prevent complications and ensure patients are guided to maintain a good lifestyle.

All allied specialists like cardiology, podiatric surgeon, neurologist, ophthalmologist all are available within the centre to ensure end to end services. Moreover, another major lifestyle concern is obesity and the centre aims to provide both non interventional and surgical remedies for such patients.

Apart from diabetes and obesity, the centre also would manage patients with thyroid disorders, Poly Cystic Ovarian Syndrome (PCOS) and other metabolic and endocrine disorders.