

50 per cent Indians delay cataract surgeries: The Great Indian Cataract Survey Report

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Pristyn Care survey was conducted with over 1000+ respondents across metros



On the occasion of Cataract Awareness Month, Pristyn Care has launched “The Great Indian Cataract Survey Report” which aims to create awareness and promote holistic eye-care. The survey was conducted with over 1000+ respondents across metros as well as the data analyzed by Pristyn Care Data Lab on cataract surgeries performed till now.

According to the survey, more than 50 per cent of Indians are delaying cataract surgeries. Most common misconceptions include losing eyesight, painful procedures, or a long recovery period when it comes to cataract surgery. Among the top criteria for undergoing cataract surgery, 52 per cent of Indians choose specialised, highly experienced surgeons, 41 per cent opt for advanced technology, and 26 per cent make the decision based on the location of the surgery, i.e. Eye hospital and clinic. Affordability and cost of the surgery rank last at 24 per cent.

According to Pristyn Care’s Data Lab which also studied 1 lakh+ cataract patient queries and 7000+ cataract surgeries done by the company, 59 per cent of cataract surgeries are in the age group of 56 and above. Analysis of data further indicates growing cataract cases in the younger population, a condition widely believed to impact the elderly. The risk factors may be prolonged exposure to UV rays, early onset of diabetes, smoking, alcohol, and environmental factors like food adulteration and pollution.