

It's gratifying to see that mental health has got a rare mention in Union Budget 2022-23: AtEase

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"As a strong ally of mental health, it's gratifying to see that mental health has got a rare mention in Union Budget 2022-23. This shows the government's acceptance and concern towards holistic health and not just physical health which has been brought to the fore by the pandemic. The proposed National Tele-Mental Health programme will be indeed a strong step towards supporting the mental health and emotional well-being of individuals, families, and society at large. Post pandemic, especially since 2020 mental health issues are no more considered an urban phenomenon but have spread across small towns in India and need to make mental health services more accessible is bigger than ever."