

Cadexomer iodine, a better option to treat diabetic foot ulcer: JJ Hospital doctor

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Renders additional benefits compared to older iodine formulations with proven safety while treating diabetic foot ulcers



Cadexomer iodine is a newer entrant in wound care management and appears to be a better option in healing ulcers especially in diabetic patients with chronic wounds and biofilms. Cadexomer iodine renders additional benefits compared to older iodine formulations with proven safety while treating diabetic foot ulcers.

"Cadexomer iodine is an antimicrobial dressing ointment with dual benefits. It absorbs all the unwanted fluids from the wounds and in turn, releases iodine slowly which ensures antiseptic action for a prolonged duration," said Dr Milind Ruke, Associate Prof General Surgery, Diabetic Foot & HyperBaric Division, JJ Hospital.

He further adds, "In my experience, Cadexomer iodine promotes a clean wound healing environment, clears infection effectively, minimises pain, and accelerates healing. It also has an economic advantage, since it reduces the number of dressing changes required unlike older iodine versions and decreases the overall cost of therapy."