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HIIMS releases book on postural medicine

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Dr Biswaroop Roy Chowdhury has authored the book named 360Â° Postural Medicine



On the occasion of National Unity Day on the anniversary of Sardar Vallabhbhai Patel, the HIIMS (Hospital and Institute of Integrated Medical Sciences) team released a book - '360° Postural Medicine'. Author Dr Biswaroop Roy Chowdhury, Guru Manish (Chairman), HIIMS, Dr Avadhesh Pandey (MBBS, MD-Radiology), Dr Amar Singh Azad (MBBS, MD-Pediatrics, MD-General Medicine) were present at the programme.

Introducing the science of Postural Medicine, Dr Roy Chowdhury said that it gives faster relief than allopathy, is safer than Ayurveda, more economic than homoeopathy and is easier than naturopathy. HIIMS is the first hospital in India to provide medical treatment to patients through postural medicine. Medicines are not used in HIIMS Clinics, instead, the patients are cured by lifestyle changes and natural methods. He said that if the patient’s bed is raised with the help of one or two bricks towards the feet, the head becomes lower, due to which the flow of blood towards the heart increases. The force of gravity eliminates the necessity of dialysis. postural medicine therapy is based on extensive research.

Dr Roy Chowdhury said, "This is probably the first book in the world to be written on postural science, using the Earth's greatest force, gravity, as a medicine. After reading this book you will surely believe that postural science is the fastest, safest and evidence-based science as compared to existing medical systems like Allopathy (Modern Medicine), Homeopathy, Ayurveda and Naturopathy etc."