

## Aavishkar Centre launches helpline for covid warriors

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**Available in 10 languages, the centre operates from Monday to Saturday between 4 pm and 7 pm**



'Aavishkar Centre for Self Enrichment' has launched a free helpline for supporting doctors, nurses, pharmacists, paramedics and other healthcare workers on covid duties to support them with any emotional distress.

Through this helpline, the callers will receive support, feeling understood, receiving an empathetic and non-judgmental space, helping them gain humane contact in these times of isolation. The initiative is supported by MediaMedic Communications – a healthcare communications agency.

The contact number for this free helpline is 9172284386 and it operates between 4 pm and 7 pm from Monday to Saturday. Considering the multiplicity of languages, the helpline is currently being offered in 10 languages (Hindi, Marathi, English, Gujarati, Tamil, Telugu, Kannada, Malayalam, Punjabi and Bengali). 80 volunteers are supporting the team.