

Govt launches community mental-health digital platform MANAS

14 April 2021 | News

MANAS was initiated by the Office of the Principal Scientific Adviser to the Government of India



The Principal Scientific Adviser to the Government of India Prof. K VijayRaghavan has virtually launched the “MANAS” App to promote wellbeing across age groups.

MANAS which stands for Mental Health and Normalcy Augmentation System was endorsed as a national program by the Prime Minister’s Science, Technology, and Innovation Advisory Council (PM-STIAC).

MANAS is a comprehensive, scalable, and national digital wellbeing platform and an app developed to augment mental wellbeing of Indian citizens. MANAS App integrates the health and wellness efforts of various government ministries, scientifically validated indigenous tools with gamified interfaces developed/researched by various national bodies and research institutions.

MANAS was initiated by the Office of the Principal Scientific Adviser to the Government of India. It was jointly executed by NIMHANS Bengaluru, AFMC Pune and C-DAC Bengaluru.

Launching the app Prof. K. VijayRaghavan, Principal Scientific Adviser to the Govt. of India, laid down future directions for the app development and said, “The app must be integrated with the public health schemes like the National Health Mission, Poshan Abhiyan, e-Sanjeevani and others so that it is used widely. Besides, the application must be made multi-lingual.”