

## Karnataka launches statewide tobacco control campaign

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### Designed to depict the grim reality of tobacco's link to cancers and heart disease

Tobacco use is the leading preventable killer in the world, and in India it is responsible for around [1 million deaths](#) annually. To reduce the burden of tobacco use, today the state health department of Karnataka launched a statewide tobacco control campaign to warn against the deadly harms of using tobacco and motivate users to quit. This campaign was developed with technical support from [Vital Strategies](#), a global public health organization.

The campaign includes two evidence based, hard-hitting public service announcements (PSAs) designed to depict the grim reality of tobacco's link to cancers and heart disease and encourage tobacco users to call the [national tobacco Quitline](#) (1800112356) for help.

Dr. Arundhathi Chandrashekar IAS, Mission Director, National Health Mission, Government of Karnataka, said "We are committed to reducing the menace of tobacco in the state of Karnataka and progress is being made. According to the latest Global Adult Tobacco Survey ([GATS 2](#)), overall tobacco use in Karnataka has declined by 5.4% and the average age for tobacco initiation has increased. We are working towards strengthening tobacco control efforts in the state by ramping up activities related to smoke-free areas, decreasing youth exposure to tobacco and ensuring compliance with the Cigarettes and Other Tobacco Products Act. The mass media campaign is a critical step forward in conveying the harms of tobacco use and discouraging people from consuming tobacco in every form."

[Research](#) has shown that media campaigns are one of the most effective means to build support for tobacco control policies and encourage behavior change to help people stop smoking