

## Brains Hospital opens comprehensive stroke unit in Bengaluru

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In a bid to mark World Stroke Day, Bengaluru based Brains Hospital, Richmond Road, has inaugurated a comprehensive Stroke Unit.

At the moment the health care burden due to stroke is huge. Every year 2 million people are getting affected. With the increasing life span as well as risk factors like Diabetes and Hypertension the burden is only increasing further year after year. At the same time all the advanced research and understanding are not getting translated to the benefit of society. Also, it is to be noted that primarily stroke is preventable.

Secondly, the disability following a stroke is again preventable. Thirdly, stroke isn't a one-time event in life. It can strike again and again making the matters worse. The recovery rate continues to be poor in our country due to a lack of awareness and timely action. Time is a very crucial factor that determines the ultimate outcome, the extent of recovery as well as time taken to it.

"In the light of above-mentioned problems BRAINS Hospital has launched the first of its kind Stroke Unit that provides 360 degree care for this condition. The dedicated Stroke team at BRAINS is committed to fight this burning problem addressing all relevant factors influencing the management currently. We have established technology, process, protocol, systems, training, call centre, awareness, advocacy, continuity of care in acute, chronic and long term including rehabilitation, follow up and monitoring. The single most aim is to prevent a stroke in high-risk people, if not get them back to the society as normal as possible" said Dr NK Venkataramana, Founder Chairman & Chief Neurosurgeon, Brains Hospital, Bangalore.