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Apollo Hospitals introducesÂ post-COVID recovery clinicsÂ across India

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The Post-COVID Recovery Clinics will address the rising number of patients who have recovered from COVID but are suffering from the mid and long term persistent effects of the infection



The Apollo Hospitals Group has announced the launch of Post-COVID Recovery Clinics across the hospital network. The Post-COVID Recovery Clinics will address the rising number of patients who have recovered from COVID but are suffering from the mid and long term persistent effects of the infection. Over 50 per cent of COVID patients suffer from problems that include breathlessness, chest pain and heart issues, joint pains, vision problems, and memory loss months after contracting the novel coronavirus.

The Post-COVID Recovery Clinics will be manned by a team of specialists including neurologists and immunologists to help patients deal with the aftermath of COVID-19 and restore them to health. In Delhi the Post-COVID Recovery Clinic will be conducted at the Indraprastha Apollo Hospitals, in Sarita Vihar.

P Shivakumar, Managing Director, Indraprastha Apollo Hospitals, New Delhi said, “To address these health issues faced by patients who have recovered from COVID-19, we have started the Post-COVID Recovery Clinics. These exclusive clinics for post-COVID care will help patients to connect to the specialised care that they need.”

Shivakumar added, “COVID-19 attacks not just the lungs but other organs in the body and leaves behind lingering health issues. Some of the manifestations occur weeks and months after the treatment for acute phase is completed and patient has recovered and impact the well-being of individuals beyond the acute phase. This specialised clinic will enable us to monitor symptoms of patients on an ongoing basis and delivery timely medical attention. The clinics will prevent acute components of the post-COVID syndrome from progressing further and effectively manage the chronic situations which form part of the post-COVID syndrome through a patient-focused, comprehensive, tele-consult and clinic based program.”

The Post-COVID Recovery Clinics will initially be launched in Apollo Hospitals treating COVID in Chennai, Madurai, Hyderabad, Bengaluru, Mysore, Kolkata, Bhubaneswar, Guwahati, Indore, Lucknow, Mumbai and Ahmedabad. The clinics will be manned by a dedicated team consisting of a family physician assisted by a nurse.