

## Paras Healthcare scales up Tele-Consultation services across 8 Hospitals

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### Covid 19 treatment will be included under the Ayushman Bharat scheme



Paras Healthcare has thrown open tele-consultation services at all its hospitals across India with an objective to allow a greater number of patients to seek medical consultation from the safety of their homes as the country locks down to prevent the spread of the Covid 19 outbreak.

Paras Group of hospitals across Gurugram, Patna, Darbhanga, Panchkula and Ranchi are actively offering tele-consultations to patients seeking medical opinions for a wide variety of ailments including suspected cases of COVID 19 who require monitoring under quarantine.

They are also working to scale up its preparedness for the impending rise in cases of COVID 19 by initiating a series of measures such as procuring adequate safety and protection equipment for doctors, ventilators as well as creation of isolation wards.

Dr Shankar Narang, COO, Paras Healthcare said, “In view of the Covid 19 outbreak, we have opened tele-consultation services across all our 8 hospitals in the country. This will work to reduce crowding at hospitals and will ensure that a sizeable number of patients who need medical care for different health conditions do not need to visit hospitals at this critical time. In fact, the demand for our tele-consultation services has shot up by 30% in the past week as more and more people try to stay at home. To ensure faster accessibility, we have increased the number of executives manning our tele health helplines and have also strategically co-opted time from doctors to ensure faster availability.”

Patients seeking medical help virtually include a number of people with flu-like symptoms that overlap with symptoms of Covid 19. The symptoms of such patients are assessed carefully and they are advised to monitor their temperature and alert the doctors in case there is any worsening of the symptoms.

Among measures initiated to boost hospitals’ preparedness to meet any eventuality, the administration is training medical staff as well as doctors to make them abreast about the guidelines to be followed in treating Covid-19 patients.

“We have trained our medical staff and doctors so that they are ready to follow the required protocols in treating Covid 19 patients. We are also procuring requisite supplies of protective gear and equipment for our doctors and medical staff to

ensure their safety. With the recently announced decision of NHA, we have also included COVID-19 treatment in the Ayushman Bharat scheme at Darbhanga unit,” added Dr Narang.

The organization is advising patients to increasingly seek virtual consultations and visit hospitals only in cases of medical emergency. A bulk of patients have shifted to the virtual consultation route at we are also insisting people to seek video consultation and teleconsultation through our Paras Health Mate Application designed for this only.

The video consultation is through the app i.e. Paras Health-mate app, wherein both the options for tele and video consultation are available wherein healthcare consultant actively providing consultation basis on the availability.