

## Jaslok Hospital & Research Centre introduces Hip preservation program

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Jaslok Hospital & Research Centre, a leading multi-super-specialty hospital, has introduced Hip Preservation Program, to provide a modern alternative surgical procedure to patients wherein the natural joint is preserved for as long as possible, thus providing patients a better quality of life.

This is the only comprehensive Hip Sports and Preservation Hip Surgery Centre program in India with a regular programme & specialized equipment to perform keyhole surgery with the latest technique. With this program, Jaslok Hospital becomes a centre of excellence for Hip Sports, Hip Arthroscopy and Preservation Hip Surgery. It is a lead centre in India having a structured treatment program for patients with Hip problems – this involves a dedicated Hip Sports & Preservation Hip Clinic, Hip physiotherapy services in liaison with specialist doctors and highly specialized equipment to treat simple and complex hip problems.

Speaking about this, **Dr Ameet Pispati, Director of Orthopaedics at Jaslok Hospital** said, *“There is a common misconception that Arthritis or issues related to joints is usually the ailments of the elderly. However, in recent time, an alarming number in the youth brigade is beginning to show symptoms and signs of joint pain – Hip joints related cases being the common one. Also hip injuries are common among sportspersons, so alternate procedures like hip preservation surgery not only preserves the natural anatomy of the joint, but also helps patients to recover and have a better quality of life.”*

The Program will be run by Dr. Sanjeev Madan (UK) and Dr. Ameet Pispati (Mumbai) wherein they will examine and evaluate patients with hip problems with a focus on trying to save the Hip. Various options will be offered to best help the patient, ranging from a proper diagnosis to highly specialised physiotherapy, hip injections where needed in conjunction with our world class ultrasound department, and Minimally Invasive Surgery/Hip Arthroscopy if required.

As part of the launch campaign for this program and to raise awareness about Hip preservation, Jaslok Hospital organized a symposium on ‘New approach to saving the Hip’ which was attended by over 100 doctors from various leading hospitals, across the city. The sessions deliberated on Hip related injuries, diagnosis, sporting injuries and Hip problems and possible

solutions through Hip preservation procedures.

Jaslok Hospital & Research Centre aims to provide the best possible medical care using state-of-the-art technology to all the patients. They have specialized clinics like IVF clinic, first of its kind adolescent clinic, Epilepsy Clinic, Heart Failure Clinic, Pain Management Clinic, Pelvic Floor Clinic, Varicose Veins Clinic, Bladder clinic, Headache Clinic, BP Clinic, Arthritis Clinic, Liver Clinic, Movement Disorder Clinic, a new state of the art ICU, Speech clinic, and varied others, all under one roof.

Apart from the recently launched Breast Cancer Clinic, the hospital now also has a Hip preservation program, so that patients get the entire treatment and care under one centre.