

## Cloudnine launches first PCOS and Menopause clinic

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**Expert team of doctors will comprise an endocrinologist, nutritionist, gynecologist and fertility specialist under one roof.**



To mark the International Women's Day 2019, Cloudnine Group of Hospitals, tricity' s leading chain of maternity, childcare and fertility hospitals has announced the launch of its first dedicated PCOS and Menopause clinic. This comprehensive clinic will aim at providing one stop solution for women of all age groups especially young adolescent girls and elderly women to discuss their problems with a team of doctors related to PCOD, lifestyle disorders, menopause, fibroids and endometriosis. Expert team of doctors will comprise an endocrinologist, nutritionist, gynecologist and fertility specialist under one roof.

This special women's clinic will be operational at Cloudnine Hospital, Chandigarh once a week, every Thursday from 2 pm to 4 pm. All appointments will start from 8<sup>th</sup> March 2019 through the helpline number 1860 500 9999.

At the sidelines of the launch says Dr.Pawan Kumar, Regional Director (North), Cloudnine Group of Hospitals "Within our complex system of long-term care, women's caregiving is essential in providing a backbone of support to the family. Women regardless of professional achievements, are still relied upon by the family and society as the central caregivers and it is all the more essential to provide them with a platform where they can discuss, evaluate and act upon any health conditions which can be challenging at later stage. I am happy to announce the launch of our novel initiative which not only engage but offer the best solutions to every women under one roof by our excellent panel of doctor. Offerings under this clinic will make healthcare more accessible to the women in the tricity and nearby regions".

Speaking at the unveiling ceremony of the clinic, Dr.Seema Sharma, Senior Consultant – Obesetricktion and High risk Pregnancy specialist, Cloudnine Group of Hospitals, Chandigarh said “the problem of PCOD is a very prevalent reproductive disorder in women these days and one of the leading causes of infertility among women today. At least 1 out of every 5 women today suffer from some kind of hormonal health issues and many aspects of the disorder are not understood properly as its symptoms and severity vary greatly. There is a need that early diagnosis and treatment is offered to help and prevent any kind of health problems in women. Through this clinic, we aim to connect with women of all age groups and offer a well-rounded treatment approach to manage their health”.

Says Dr.Ritambhara Bhalla, Senior Consultant - Gynecologist and Obesetricktion, Cloudnine Group of Hospitals, Chandigarh said “ There is a general lack of awareness regarding hormonal health issues and it often remains undetected for years which leads to further health complications such infertility or recurring miscarriages. Unbalanced lifestyle, lack of physical activity, late marriages are some of the reasons contributing to these problems. As reproductive functions play out over time hormone levels take a plunge, triggering the onset of menopause and common hormone imbalances associated with the change of life, it is very important that women are given a common platform to talk and discuss their problems and arrive at preventive measures”

In India, women’s health is often neglected and understanding the causes of hormone imbalance empowers with a specialized team of experts allows every women to prevent them, and at the same time, feel better, think better, and better prevent the occurrence of many other diseases.