

## Aster CMI Hospital recognized for its excellence in Bariatric and Metabolic Surgery

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In an acknowledgement of the advanced capabilities of Aster CMI hospital and its doctors and surgeons, the Obesity and Metabolic Surgery Society of India (OSSI) accredited the Bariatric and Metabolic Surgery unit of Aster CMI Hospital as a first Centre of Excellence (COE) in Karnataka and recognised Dr. H V Shivaram as its Programme Director.

The Certification, conferred for a duration of three years, from December 2018 to December 2021, has recognised the unit for its excellent work and for following global standards in Laparoscopic, Bariatric and Metabolic surgeries.

The department underwent a rigorous process of evaluation in the supervision of OSSI experts and was evaluated on various parameters such as facilities, capabilities and experience of the surgeons of the department, number of surgeries performed in stipulated timeline, infrastructure to manage special patients who are 200-300 kgs, specialized rooms, beds, cots and chair, and toilets as normal toilet would not be appropriate for patients who are heavy and so on. The unit was declared safe and as a Centre of Excellence for Bariatric and Metabolic surgery after meeting all the parameters.

Commenting on the achievement Dr. Nitish Shetty, CEO, Aster CMI Hospital said "We would like to congratulate the entire department of Bariatric and Metabolic Surgery on being awarded the Centre Excellence for Bariatric and Metabolic surgery. We take immense pride in achieving this status. It gives us a sense of satisfaction and reassures the patients who undergo treatment at our hospital that they will be receiving quality care that meets best in class standards."

"We would also like to thank Dr. Shivaram H.V. for helping us achieve this feat through his expertise and guidance. It is under his leadership, with a vast experience of conducting more than 400 such successful surgeries, our Bariatric and Metabolic surgery department has attained this distinction", he added.

Dr. Shivaram H.V, Senior Consultant and Head of GI and Bariatric Surgery, Aster CMI Hospital on being awarded the programme director for Center of Excellence said “We have always endeavored to give the best of care and compassion to patients who visit our hospital. Achievements such as this highlight the efforts of our entire team and the prowess of the world class facilities at the hospital. While we have always believed that we are one of the best multi-specialty hospitals in the country, acknowledgement of our services from experts coming from outside the city encourages us to aim for higher goals.”

The hospital has recently upgraded its bariatric unit with the launch of robotic bariatric surgery. In India presently, there are only about seven or eight hospitals which have been conferred the status of Centre of Excellence for their bariatric and metabolic surgery units.