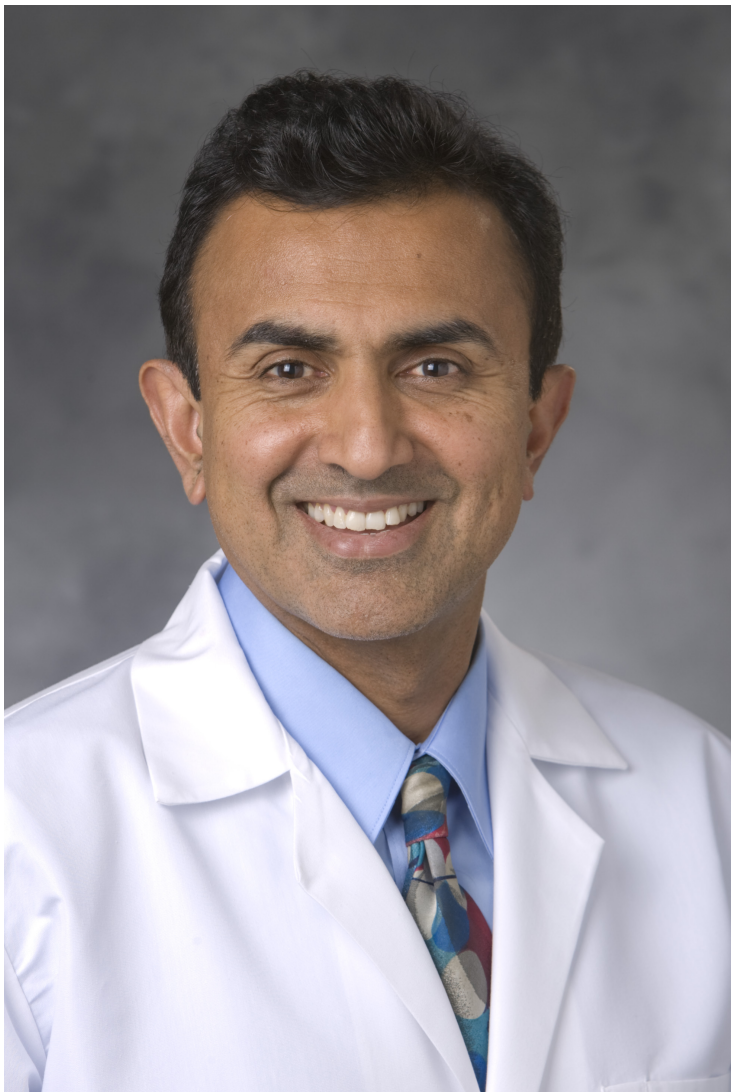


## **Dr Murali Doraiswamy appointed to the Board of Trustees of TLLLF**

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**The main aim of TLLLF is to reduce stigma and create awareness around mental health**



Duke University's Dr. P. Murali Doraiswamy, an internationally recognized expert in brain-mental health and a Member of the World Economic Forum's Global Future Council on Neurotechnologies and Brain Sciences, has joined the board of trustees of The Live Love Laugh Foundation (TLLLF).

TLLLF was set up in 2015 as a Charitable Trust to champion the cause of mental health in India, with a focus on depression, stress and anxiety.

The main aim of TLLLF is to reduce stigma and create awareness around mental health.

According to WHO, an estimated 300 million people are affected by depression globally, and depression and anxiety disorders cost the global economy US\$1 trillion each year.

Welcoming Dr Doraiswamy to the board, Deepika Padukone, TLLLF Founder, said, "The spread of mental illness is one of the toughest challenges confronting the world today. Finding long-term solutions to tackle this issue requires the best minds and stakeholder groups to collaborate effectively. As we scale TLLLF's programmes, I am delighted that Dr Doraiswamy, with his many years of varied global experience, has agreed to join us. I believe his expertise will help amplify the impact of our work and project international attention to our mission to inspire a change in the narrative around mental health."

"I have been following TLLLF's work for some months now. Their approach has yielded impressive results in a fairly short period of time since the organization was founded in 2015. As a member of the TLLLF board, I would like to carry the TLLLF message across borders and further international stakeholder engagement," said Dr Murali Doraiswamy.

Anna Chandy, Chairperson of the Board of Trustees, TLLLF, said, "Dr Doraiswamy's work is admired globally and I am glad he has agreed to offer his time and expertise to TLLLF. Having an academic with his credentials on the board is important for our work to garner the required attention, funding and support for the millions who need help. I look forward to working with him as we scale our activities in the years to come."